#### Easter Clothes

By Mrs. Christine Frederick, The Distinguished Authority on Household Efficiency.

THEN I asked my charming young secretary what I should talk about to my readers to-day, she replied: "Easter clothes."

"Yes," I answered, "but you know I'm not a fashion expert, and besides, we are supposed to discuss only household and kitchen matters in this department."

"Well," she replied, "why not kitchen clothes then?"

And so I agreed that at this season of the year, when every woman's thoughts turn clothesward, we might talk about what is the most efficient or most becoming costume in which to serve meals or chase the dust from the

I have tried vainly several times o induce those more expert than to design some special clothes for the housewife. But in some way the subject of a dishwashing apron, for instance, or a cleaning dress does not appeal to these designers quite as much as imagining a "taupe duvetyn afternoon toilette." Yet is it not true that for the one time that a woman wears the afternoon dress, there are ten times when she needs a well-made, well-fitting garment to wear in

After some experiment on my part I have designed a garment which, for Summer wear at least, fills most of the requirements of an attractive and efficient housedress. In type it is a smock, similar to many that may be seen either in good shops or made by the woman herself. It is as long as the usual dress (short length), so that it completely envelops the figure. It

A POPULAR STYLE (3182). Cut

in 4 sizes: 6, 8, 10 and 12 years.

An 8-year size would require 1% yards of imaterial 27 inches wide for the guimpe, and 2% yards for the

A UNIQUE MODEL (3169). Cut in 6 sizes: 34, 36, 38, 40, 42 and 44 inches flust measure. A medium size will require 6% yards of 40-

inch material.

A VERY PRETTY AND STY-LISH MODEL (3166). Cut in 3 sizes: 16, 18 and 20 years. For an

18-year size 514 yards of 36-inch material will be required. A SIMPLE HOUSE DRESS (3178). Cut in 7 sizes: 34, 36, 38,

40, 42, 44 and 46 inches bust measure. A 38-inch size will require 6

PATTERNS. BARGAIN DAY.

TWO PATTERNS FOR 16c. 2138 ..... Years | 3178 ..... Bust

2166 ..... Years | 3161 ..... Size

Street and Number..... City and State.....

Sunday American-Examiner Patterns

is cut all in one piece without a single seam, the sleeves are kimono and the garment slips on over the head. There is a two to three inch

belt, loosely adjusted. From my point of view such a dress fulfills, first, the need of absolute freedom which any housework dress must have. There are no tight armholes, no "pull" even when the arm is raised straight up, as, for instance, in using a dry mop to clean a wall. The whole garment moves, not from the waist, but from will get a clear idea of this very its whole length, so that stooping,

reaching, or any arm or body motion is perfectly free. Next, the garment has no puckers, gathers or anything to get bunchy. It is ample without being too full. The rather wide belt fits it somewhat to the figure, but still allows it to be loose.

If a woman prefers collars, she may add any such touch to the neck, but my preference is for a V shape or square Dutch neck with no lapel or collar hanging behind.

The materials which such a dress looks best in are unfinished and somewhat heavy materials of the type called imitation linen. Such a weave is much coarser than what used to be known as ramie linen. Since the marerial is unfinished, it never needs starch and practically no troning.

In Summer time it is not neces sary to wear any under petticoats, and this again is an advantage, because the dress still looks well and is presentable even for doing a morning shopping. I wish I had the space to show an illustration of this dress, but I am sure that from my description any reader

#### Appetizing Menus for the Week

Cottage Pudd Hard Fruit

inch colored braid such as can be

A clever friend of mine has de-

signed a dress apron which com-

pletely covers any good dress that

one might want to wear as she pre-

pared a meal. This is made of

butchers' linen with carefully

matched seams cut on the bias

which give the apron its excellent

I think that perhaps much of the

stigma which has always attached

to housework has been due to the

fact that housework and a dirty,

untidy appearance were always as-

sociated. In so many women's

minds the thought has been that we

must look dirty and unattractive in

This may have been true when we used the old-fashioned soft coal

or wood or the antiquated corn

broom and rag mop. But to-day with fuels like gas and electricity

which create so little soot or dirt

and with modern equipment like the

vacuum cleaner, etc., there is no

need for a woman to appear "a

sight" just because she is doing

My plea this morning is for all

housekeepers to take more interest

in the design and quality of the

clothes we wear while at our house

housework in the home.

order to clean a room or cook.

bought at the notion counter

many department stores.

Breakfast
Cereal,
inger Rolls,
Marmalade,
Coffee,
Luncheon
Succotash,
Toast,
and Peache
ponge Cake,
Tea.
Dinner

simple but efficient garment.

The next best housework dress

is the familiar bungalow apron, al-

though my objection to it is that it

is so often too loose, badly fitting

and too wrappery for a neat appearance. However, if carefully

cut, stitched and made of good ma-

terials it is attractive and allows

When I tackle the subject of

aprons I wish that I had a fashion

expert and an illustrator at my

elbow. Once, some years ago, I

saw a double spread page of aprons

designed for Red Cross and can-

teen workers. Some of these were

almost like dresses, others were

modifications of the typical nurse's

apron, and still others were so novel that I longed to see them

made and sold by the millions to

dinary kitchen toweling, about 24

inches wide, such as can be pur-

chased for about 25 cents a yard.

This apron was placed over the

head through a single opening and

hung in a straight line from neck

to dress hem. In the back a cross

strip with buttons fastened the

back portion to the front with the

aid of a strip of white elastic. The

whole apron was bound with a two-

One I recall was made of or-

housewives everywhere.

much freedom of movement.

Oatmeal, Buttered Toast, Coffee. Luncheon Coffee, Cream of Beet Soup, Croutons, Lemon Luncheon Spinach Souffe, White Sauce wit Grated Cheese, Muffins, Apple Cake, Tea. Beef Pie, Dinner

Stewed Prunes, Coffee Cake, Coffee, Luncheon Croquettes, Cheese Sauce, Philadelphia Relish, Apple Sauce, Tea. Dinner Luncheon Tripe Cooked in Batter, ewed Tomatoe

Baked Beam Piccalili, Brown Brea Canad Apric

Broakfast Luncheon Fish Hash, Tomato Cates Individual Steamed Puddings, Lemon Sunce Dinner

duties. Many a woman who is clever at cutting and sewing can surely design attractive housework clothes. Her children may always recall her in later life, not in her special occasion dress, but the way saw her around the house. Also for her own self respect the housekeeper should take pains with her appearance while at work. It is positively true that we work more efficiently in well-fitting, practical show so have how say number of the second shows the se work clothes than in sloppy left-family cas take yo overs or down at the heels dance

Clothes for Easter, yes. But let us include in our Spring trousseau

court plaster.

LITTLE kerosene in the we

Scratched Pumps.

THE BELL TAILORS two or more attractive, well designed costumes for housework.

BAD SCRATCHES on hid pumps can be made almost invisible by a skilful application of liquid

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### Tested Recipes for Spring Days

chaped sections with a fork. C ombine 2 cups cooked rice following the patents of with 1 quart tomatoes and dash of pepper and 1 finely chopped onion and add 1/2 pound hamburg steak which has been delicately browned. Turn into greased casserole and bake about 2 hours as strawberries au naturel.

> Baked Apples with Junket. WASH, pare and core apples.

Place in baking dish with a little sugar, water and any desired flavoring. Bake until tender. Cool and place apples in individual serving dishes and sprinkle with finely chopped almonds. Pour junket around the apples and set in ice box to chill. Garnish just before

#### By Mary Lee Swann, The Well-Known Writer and Lecturer on Cooking. Spanish Casserole. Pineapple au Naturel.

SEPARATE pineapple into wedge-By following the natural line of the "eyes" this may be easily done. Place these pineapple bracts around tiny mounds of powdered sugar and serve in the same way

Fruit Soups.

DREPARE stewed fruit as for any other purpose, having the sifted fruit pulp of a more liquid consistency. Sweeten to taste and flavor with a little lemon juice or spice. Reheat and thicken with a little arrowroot dissolved in cold water. Chill and serve in tiny soup bowls as the first course at luncheon. Garnish as desired.

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medium size 41/4 yards of 36-inch

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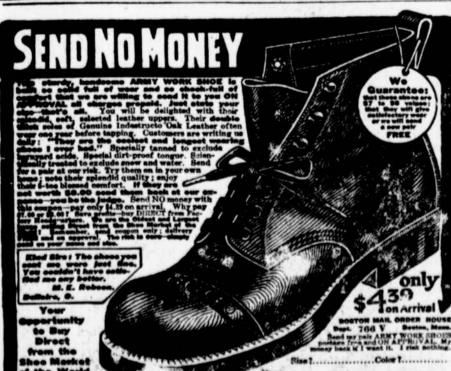
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